

How to Change a Balloon G-Tube

1. Start by preparing a clean workspace

2. Wash your hands and lay out your supplies

- G-tube replacement kit
- 5ml syringe (another 5ml syringe is in the G-Tube kit)
- Small cup of tap water
- Water based lubricant
- Gauze, washcloth or paper towel to clean the site

3. Open the G-tube kit

4. Draw up 3ml of tap water into a 5ml syringe (This amount may change with each child)

5. Check the balloon of new G-tube before using

- Insert syringe with 3ml water into the balloon port
- Push water into port to inflate the balloon
- Check the balloon for a leak
- Deflate the balloon by pulling water back into syringe
- Disconnect the syringe

6. For Button G-tubes only:

- Attach right angle extension set to the Button by lining up black lines on the extension set and the Button G-Tube.
- Push extension set down and turn to the right to lock in place
- **Skip this step for MIC-G and Foley G-tubes**, their extension tubing is part of the G-tube.

7. For all G-tubes: close clamp on MIC-G, Foley G-tube or Button extension set

8. Open lubricant package and insert end of G-tube into packet to lubricate

9. Attach an empty 5ml syringe to the balloon port of your child's G-tube

- Withdraw all of the water from the balloon by pulling back on the syringe
- Lift the G-tube straight up and out
- Be prepared for leakage from the G-tube site when the balloon is deflated
- Clean skin around the G-tube with warm water and pat dry

10. Insert the new G-tube into opening and hold in place

- Attach syringe with desired amount of water to the balloon port
- Push the water into the balloon port to fill the balloon inside the stomach

11. Check G-tube placement

- Open clamp on the extension set
- Look for stomach contents to back up into the tubing
- Close the clamp
- Secure the G-tube if needed:
 - No securement needed for Button G-Tubes
 - For MIC-G and Foley G-tubes, refer to tip sheets for securement recommendations