

Button Gastrostomy Tube (G-Tube) Care Tips

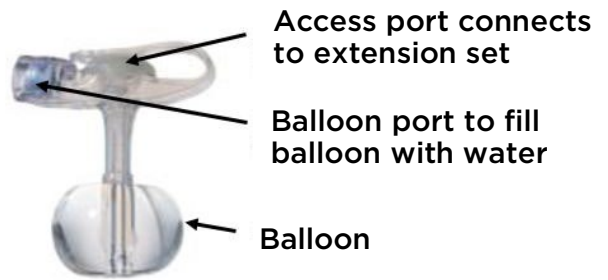
Low Profile Button G-Tube

There are 2 brands with similar features: **MIC-KEY** and **AMT**



Low profile Button G-Tubes are sized so that:

- **Access port** lays flush (flat) on the skin
- **Balloon** rests in the stomach holding the button in place



Positioning After Surgery (For babies under 6 months)

Before your baby is positioned on their stomach, you must stop and disconnect the feeding and extension set.

- **After 4 days:** Baby may sit up or lay against your chest.
- **For weeks 2 to 3:** Baby may lay on tummy with a roll under upper chest for support.
- **At 4 weeks:** Baby may lay on tummy without roll.

Feeding with a G-Tube

Before you go home you will be given a home feeding plan.

Your surgery team will show you:

- How to give your child's feeding
- How to flush the G-Tube

Button G-Tubes must have an extension set to connect to the feeding tubing.

To connect the extension set:

- Match the black lines on the **extension set** and the **access port**
- Push **extension set** down and turn to the right to lock in place



Extension Set



To disconnect the extension set:

- Turn to the left and lift **extension set** from **access port**
- Always disconnect the extension set when not in use

The extension set connects to the feeding tubing with an "ENFIT" connection.

- The 'ENFIT' connection screws together and is used only for G-Tube feedings
- Your feeding tubing and syringes will have this special connection

ENFIT Connection



Flushing the G-Tube

- Flush the G-tube with 5ml of water **before** and **after** each feeding and medication.
- If not using the G-tube every day, flush at least one time a day with 5 to 10ml of water to prevent clogging.
- Remove extension set from the Button G-Tube after flushing.

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General Care

Site Care:

- Clean the G-Tube site with gentle soap and water 2 times a day and as needed to keep the site from crusting.
- Turn the G-Tube several times a day to keep it from staying in the same spot.

Bathing:

- Sponge bathe for the 1st month after G-Tube is placed.
- When given the OK by APN, you may give your child a regular bath in a tub.

Securing:

- Secure the G-Tube under clothing if needed.
- Use one piece clothing or clothing that helps keep child's hands from pulling on the G-Tube.

G-Tube Leakage

A small amount of leaking around the G-Tube is normal and can be managed with daily cleaning. If feeding or medications are leaking out around the tube, or if the surrounding skin becomes red and irritated, call the Pediatric Surgery APN.

You can check and refill the water in the balloon if your care team has instructed you how to do it. Refilling the balloon to the correct amount of water may lessen leaking.

Granulation Tissue

Granulation tissue is an "overgrowth" of tissue around the G-Tube. It develops when the body tries to repair itself at the G-Tube site.

If it bleeds or there is a large amount of tissue, call the Pediatric Surgery APN for treatment options.



Follow-up Appointments

- **2-week follow-up:** Your first visit after G-Tube surgery may be an online or virtual visit.
- **3-month follow-up:** This will be an in-clinic visit to check the G-Tube site and do the first G-Tube change.
- Follow-up visits will then be every 3 months in the clinic for G-Tube changes. Your surgery team may also teach you how to do this at home. If you are changing the G-Tube at home, your child should be seen in the clinic for a follow-up once a year.

When To Call Pediatric Surgery With Concerns (773) 702-6169

- Changes at G-Tube site: **redness, warmth, a lot of drainage or leaking, bad odor, pain or skin breakdown**
- **Fever** over 101.5 degrees
- **Vomiting** (throwing up) or Diarrhea (watery stools)
- If you are not able to flush or use the G-Tube

If Your Child's G-Tube Comes Out

This is a serious problem that needs medical care right away because the G-Tube opening can close down quickly.

- **Cover the site** with a clean dry gauze or Band-Aid
- **Get medical help** right away
 - During the day **Monday to Friday:** Call the Pediatric Surgery APN to get an urgent clinic appointment at (773) 702-6169
 - **During the night or on weekends:** Go to the Emergency Room for a replacement