Welcome to the University of Chicago IBD Center!

The University of Chicago Inflammatory Bowel Disease Center is committed to providing the highest caliber care to patients who live with inflammatory bowel diseases, Crohn’s disease and ulcerative colitis. Central to this mission is conducting cutting-edge medical research to advance the science and understanding of these conditions, as well as delivering unique and highly relevant educational programs for patients and professionals.

Outstanding patient care is at the center of everything we do, from providing the latest medical therapies, to nutritional counseling to help you cope with the effects of ulcerative colitis or Crohn's, to minimally invasive approaches for complex surgeries in order to decrease pain, scarring, and recovery times. Whether you come to us directly for relatively new symptoms or are referred by a family physician or gastroenterologist for ongoing health care concerns, you will benefit from treatment grounded in creative thinking, compassionate understanding, and the very latest research and practice.

Our expert IBD providers see patients at the main campus in Hyde Park, and also at the new University of Chicago Medicine facilities in Orland Park and River East. For patients needing surgery or hospitalization, the University of Chicago IBD Center includes a dedicated inpatient wing, the only one of its kind in the region, located in the Center for Care and Discovery, the University of Chicago Medicine's newest and most technologically advanced hospital.

As one of only a limited number of research centers in the country testing new IBD treatments, we offer a variety of clinical trial therapies—the most advanced treatments available—at the earliest possible time in our patients' care. Every patient benefits from the expertise of our world-renowned clinicians and researchers, whose multidisciplinary, collaborative approach extends from patient care to advancing the science of medicine.

In addition to these resources, we offer many additional programs to support our patients: IBD SuperFriends, a peer-to-peer mentoring program for UChicago Crohn’s and ulcerative colitis patients, the monthly Chicago IBD Support Group, and regular educational events and programs for patients and their families. Please visit ibdcenter.uchicago.edu to learn more.

We welcome you to our Center, and hope we can help you on your journey to healing and wellness.

Russell D. Cohen, MD
Professor of Medicine
Director, Inflammatory Bowel Disease Center
University of Chicago Medicine
ADULT GASTROENTEROLOGY PROVIDERS
mychart.uchospitals.edu

Russell D. Cohen, MD
Director

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Section Chief

Tenzin Choden, MD

Joel Pekow, MD

Sushila Dalal, MD

Atsushi Sakuraba, MD, PhD

Dejan Micic, MD

Vijaya Rao, MD

Stephanie Thomas, APN

Jennifer Labas, APN,
Inpatient Care

Emily Dobrez, APN

Marita Kametas, APN
In-Person Visits Available

WE PUT YOUR SAFETY AT THE FOREFRONT.

NEW PROTOCOLS MAKE DOCTOR VISITS SAFER:
- Facemasks required at all times
- Remote check-ins
- Wellness screenings upon entry
- Social distancing throughout campus
- Clinical areas disinfected before every visit

Your health needs don’t stop. Neither do we.
Schedule an in-person visit or video appointment today.
UCHICAGOMEDICINE.ORG | 1-888-824-0200

Facemasks
Remote check-in
Wellness screening
Social distancing
Cleaning protocols
UChicago IBD Providers: Offsite Locations

**River East**
355 E. Grand Avenue, Chicago, IL
Russell D. Cohen, MD
Noa Krugliak Cleveland, MD
Sushila Dalal, MD
Vijaya Rao, MD
David T. Rubin, MD

**Orland Park and Tinley Park**
14290 South La Grange Road, Orland Park, IL
Russell D. Cohen, MD
Sushila Dalal, MD
Dejan Micic, MD
Emily Dobrez, APN

**Gold Coast - Endoscopy**
900 N. Michigan Avenue, Chicago, IL
Russell D. Cohen, MD
David T. Rubin, MD
Vijaya Rao, MD

**Hinsdale**
12 Salt Creek Lane, Hinsdale, IL
Noa Krugliak Cleveland, MD
Russell D. Cohen, MD
David T. Rubin, MD
The following are mental health care providers who have contacted our Center with an interest in working with Crohn’s disease and ulcerative colitis patients and their families:

Alyse Bedell, PhD
Chicago
The University of Chicago Medicine
773-702-2458

Stacey Cohn Siver, PhD
Arlington Heights
224-456-7472

Shauna Rosenberg Freedman, PsyD
Northfield, Chicago & Other Locations
Primary Care Psychology Associates
847-686-0090

Sharon Jedel, PsyD
Chicago
Rush University Medical Center
312-563-3898
Sharon_Jedel@rush.edu

Melanie S. Levine, PhD
Chicago & Skokie
773-413-8394
mlevine@melanieslevine.com

Candace Love, Ph.D.
Grayslake & Chicago
847-986-2968
847-767-3540
cvlove@comcast.net

Pamela Rebeck, Ph.D.
Naperville
630-815-8443

Tracy Robinson, PhD
Orland Park & Homer Glen
V&R Behavioral Health Services
708-717-6103
drtrob@me.com

Stephanie Ross, PhD
Kelsey Mora, CCLS, LPC
Kezia Shirkey, PhD
Sari Ticker, PsyD
Roslyn Turner, LCSW
Rebecca Joslin, LCPC
Skokie & Chicago
Illness Navigation
847-965-7677
info@illnessnavigation.com

Darlene G. Stevens, MA, LCPC
Naperville & St. Charles
Advanced Behavioral Health Services
630-689-1022

Tiffany Taft, PsyD
Emily Edlynn, PhD (pediatrics)
Lori Burda, PhD
Colleen Muchowski, LCSW
Robin Cohen, LCPC
Oak Park
Oak Park Behavioral Health Services, LLC
312-275-6175
Crohn’s & Colitis Support Group

• Second Wednesday of every month
• 7:00 pm — 8:00 pm
• Online, via Zoom

Contact ibdcenter@uchicago.edu for more information, or call 773-702-6073.
Learn the ropes from someone who’s been there.
Encourage a fellow patient on the path to healing.
Be part of our community.

JOIN IBD SUPERFRIENDS
A PATIENT TO PATIENT
MENTORING PROGRAM

From the University of Chicago Inflammatory Bowel Disease Center

MENTORS ARE:
• Patients at the University of Chicago Medicine Inflammatory Bowel Disease Center
• Living with Crohn's disease or ulcerative colitis for one or more years
• Interested in helping other patients learn from their personal experience, one-on-one (phone, email, or in person)

MENTEES ARE:
• Patients at the University of Chicago Medicine Inflammatory Bowel Disease Center
• Living with Crohn's disease or ulcerative colitis
• Interested in talking to another IBD patient about his or her experience living with Crohn's disease or ulcerative colitis

If you are interested in being a mentor or having a mentor, please contact ibdcenter@uchicago.edu for more information and to complete an application.

There is no cost to participate in this program. This program is supported by volunteers, and will not affect the care you receive at the University of Chicago Medicine.
Are you interested in participating in a clinical trial?

We are currently enrolling patients with these conditions:

- Ulcerative Colitis
- Crohn’s Disease
- Nonalcoholic Steatohepatitis (NASH)
- Primary Biliary Cirrhosis
- Short Bowel Syndrome
- Celiac Disease

If you would like to learn more, please contact our clinical trials team:

773-702-5382
The GI Research Foundation (GIRF) is a non-profit 501(c)3 dedicated to raise funds to support the physicians and scientists at the University of Chicago Medicine Digestive Diseases Center in their efforts to provide outstanding care, train future leaders, and perform innovative clinical and laboratory research in order to treat, cure, and prevent digestive diseases.

**ACHIEVEMENTS**

- Discovery of the first gene associated with Crohn's disease (NOD2)
- Discovery of a new type of “deep remission” in IBD that may allow some patients to stop therapy
- Funding a groundbreaking study to discover the cause of ulcerative colitis
- Performance of the first living donor liver transplant from parent to child
- Discovery of the immune factors related to celiac disease, and development of the first animal model of celiac disease
- Established international clinical trials which led to a cure for Hepatitis C
- Pioneers in the development of home Parenteral Nutrition and management of short bowel/intestinal failure
- Investigation of the circadian clock of the gut microbiome and impact on digestive function
- Piloting population-specific colon cancer screening protocols to reduce mortality
- Investigation of hereditary screening protocols as well as precision treatment and prevention of colorectal cancer
- Authored guidelines on the treatment of inflammatory bowel disease during the COVID-19 pandemic

GIRF funds research at the University of Chicago IBD Center, and holds many events every year, including the annual GIRF Ball. To learn more, make a gift, or become involved, please visit girf.org
Crohn's & Colitis Foundation
Illinois Carol Fisher Chapter

General Inquiries:
2200 Devon Ave #392
Des Plaines, IL 60018
(847) 827-0404
illinois@crohnscolitisfoundation.org

Local Events and Education
crohnscolitisfoundation.org/chapters/illinois

IBD Help Center
Monday through Friday from 8 am - 4 pm
(888-694-8872, extension 8)
info@crohnscolitisfoundation.org

Local Support Groups:
- Young Adults Virtual Support Group -ibdgroup22@gmail.com
- Chicago -ibdcenter@uchicago.edu
- Evanston - KZuckerman@northshore.org
- Naperville - dolores.audy@gmail.com
- Peoria - jnkporter35@gmail.com