



Meet our Survivorship Nurse Practitioner

Donna Christian MS, FNP-BC is a board certified Family Nurse Practitioner with experience in women's health and breast surgical oncology. Donna provides after treatment follow up care and takes part in community outreach programs to advocate breast health awareness. She also volunteers as a health educator for the American Cancer Society and teaches fitness classes.

AT THE FOREFRONT OF MEDICINE®

To make an appointment, call:

773-834-7032

For more information, visit:

UChicagoMedicine.org/breast-cancer

LOCATION

UChicago Medicine
Duchossois Center for
Advanced Medicine
(DCAM) — Hyde Park
5758 S. Maryland Ave.



AT THE FOREFRONT

UChicago Medicine

Comprehensive Cancer Center

Breast Cancer Survivorship

Follow up clinic



AT THE FOREFRONT

UChicago Medicine

Comprehensive Cancer Center

UChicago Medicine Breast Survivorship Clinic

Today, more people survive breast cancer than ever before, which is why we have developed our survivorship program.

Cancer treatments can result in physical, emotional and financial problems long after therapy is complete. Our goal is to empower our patients with the knowledge, personal support and medical expertise needed to improve their health and quality of life.

Patients we serve

The survivorship clinic is for patients who have:

- » Been diagnosed with breast cancer.
- » Seen a medical oncologist, surgeon or radiation oncologist at UChicago Medicine
- » Have had initial treatment (including surgery, chemotherapy or radiation therapy)

What to expect

You will meet our nurse practitioner, Donna Christian, who specializes in breast cancer survivorship. She will talk with you about, your treatment, follow up care and common side effects from treatment.

You will be given a physical exam, recommendations for follow up care, including any needed imaging or blood testing, and a survivorship care plan.

Other providers include the areas of psychology, psychiatry, cardiology, endocrinology, pulmonology, gynecology, physical therapy and lymphedema care.

We also work closely with the Program in Integrative Sexual Medicine (PRISM) for Women and Girls with Cancer. We will refer to all these providers as needed.

We will follow up with you at least every year and will work closely with your oncology team and primary care doctor. If you do not have a primary care doctor, we can help find one for you.

What is a survivorship care plan?

A survivorship care plan is a summary of your breast cancer history. It gives details of your diagnosis, treatment and recommended follow up care.

The plan improves communication between you, your oncology team and other health care providers.

Preparing for your visit

Bring copies of your recent health care visits and tests, including bone density, lab results and any records from other hospitals.

Also, bring a list of all medications you are currently taking, including vitamins and supplements.

For more information:
[UChicagoMedicine.org/breast-cancer](https://www.uchicago.edu/healthcare/breast-cancer)