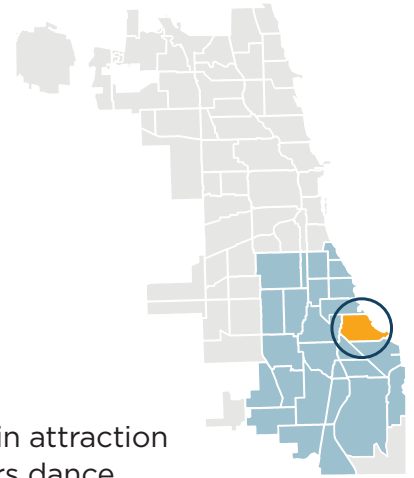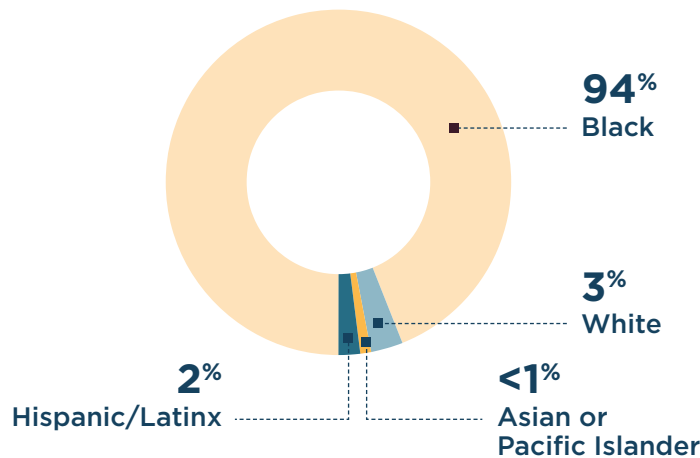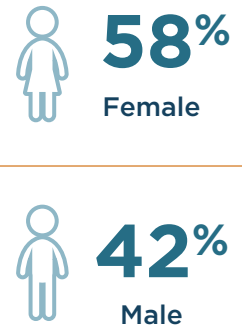South Shore Cultural Center

South Shore is a lakefront community with its main attraction being the South Shore Cultural Center, which offers dance studios, golf course, theater and public beaches to the community. Some of the former residents of South Shore include First Lady Michelle Obama and Nobel Prize winner James D. Watson.[1]
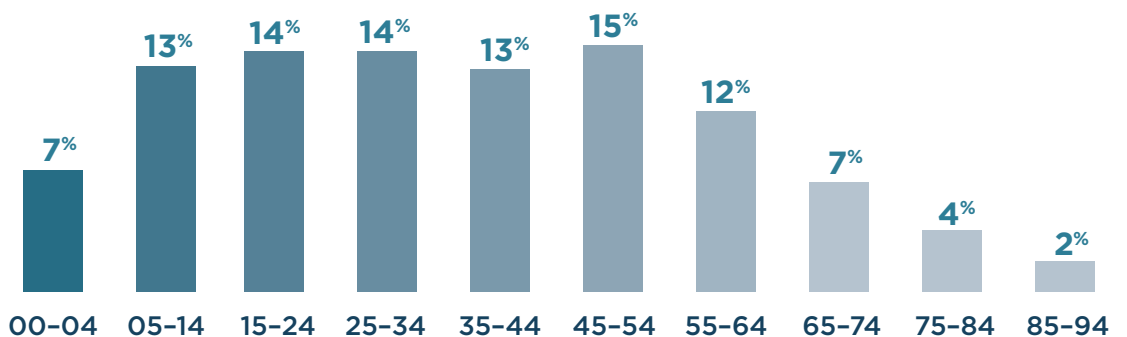
Who lives here?[2]

Race and Ethnicity

94% Black

3% White

2% Hispanic/Latinx

<1% Asian or Pacific Islander

Sex

58% Female

42% Male

Age

00-04	05-14	15-24	25-34	35-44	45-54	55-64	65-74	75-84	85-94
7%	13%	14%	14%	13%	15%	12%	7%	4%	2%

Population:

48,522

Population change:[3]

↓**2%**

Chicago: 6% ↑

AT THE FOREFRONT
UChicago Medicine

Social Determinants of Health[2]

Social determinants of health are social, economic, and physical conditions in which people are born, live, and work that affect health and well-being. For example, where you live can limit access to healthy foods, this can in turn increase one's risk for obesity and other chronic conditions related to diet.
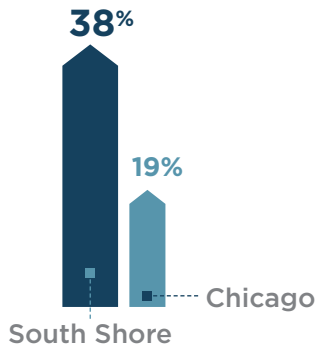
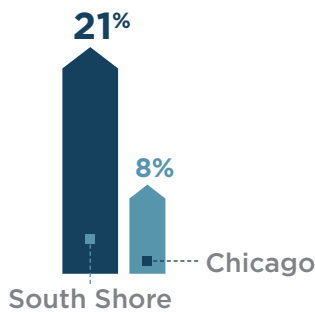## Economic Factors

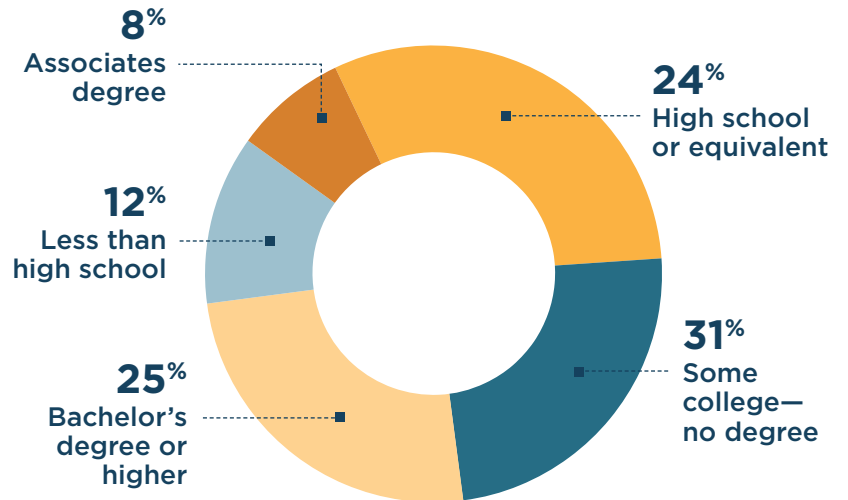### Median household income

$26,906

Chicago: **$53,006**

Population living in poverty[4]

38% South Shore

19% Chicago

Unemployment

21% South Shore

8% Chicago

Education[5]

8% Associates degree

24% High school or equivalent

12% Less than high school

31% Some college— no degree

25% Bachelor's degree or higher

53% of households spend **30%** or more of their annual income on housing costs

1 in 2 children are living in poverty[4]

40% of households are receiving food stamps

58% of households are at risk for food insecurity

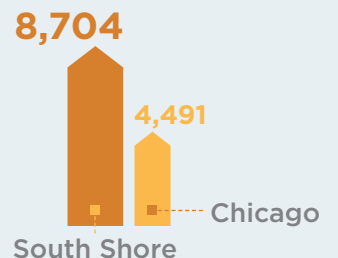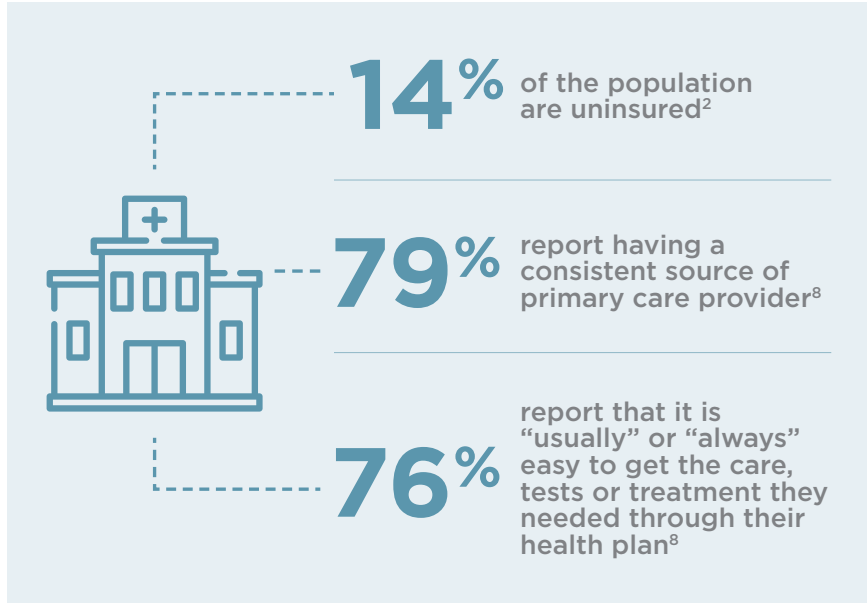## Physical Factors

22% of housing units are vacant

58% of adults report that they feel safe in their neighborhood "most or all of the time"[7]

Violent crime incidents[7]
Per 100,000 Population

8,704 South Shore

4,491 Chicago

Access to Care

Access to quality health care services is important for preventing and managing diseases and achieving health equity. High cost of care, inadequate insurance coverage, and lack of availability of quality services generally lead to barriers in clinical care.

14% of the population are uninsured[2]

79% report having a consistent source of primary care provider[8]

76% report that it is "usually" or "always" easy to get the care, tests or treatment they needed through their health plan[8]

49% of pregnant women received early and adequate prenatal care[9]

64% report receiving colorectal cancer screening[8]

Health Behaviors[7]

Health behaviors are individual actions we take to prevent illnesses or maintain good health such as exercising and eating a balanced diet. Health behavior is greatly influenced by the social and economic conditions in which people live. For example, it is difficult to walk in the neighborhood to get exercise when you do not feel safe.

21% report not participating in any physical activity or exercise in the past month

36% report drinking soda or sweetened drinks everyday

19% report being a smoker

26% report eating five or more servings of fruits and vegetables daily

Health Outcomes[10]

Health outcomes are the measures that define the health and wellbeing of the community. Health outcomes are a result of social determinants of health, access to clinical care, and health behaviors.

Top Causes of Death

1. **Heart Disease**
2. **Cancer**
3. **Diabetes-related**
4. **Injury**
5. **Stroke**

Infant Mortality
Deaths per 1,000 live births

13 — South Shore
7 — Chicago
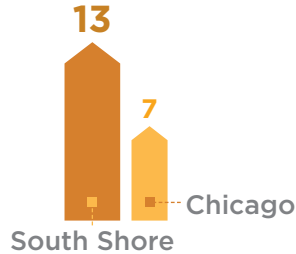
Life Expectancy at Birth

72 years

Chicago: **77 years**
The Loop: **82 years**

Disease Burden Among Adults[8]

39% have high blood pressure

31% are obese

11% are diabetic

12% have asthma

Community Resources[11]

Community resources are necessary to achieve good health outcomes. A sample of the community resources necessary for optimal health outcomes and available in South Shore are listed below. For a full list of all resources and their location, visit the Chicago Health Atlas at https://www.chicagohealthatlas.org/resources

13 Schools

5 Fitness Facilities

22 Hospital and Health Services

1 Community Gardens

44 Faith Based Organizations

21 Social Service Organizations

8 Grocery Stores

3 Pharmacies

8 Public Parks[12]