

**ABPTRFE**

Accredited  
Program

**ACOMPTE**  
Accredited Program

**University of Chicago Medicine**  
**Orthopaedic Manual Physical Therapy Fellowship**

***Dual Accreditation with the Accreditation Council on Orthopaedic Manual Physical Therapy Education (ACOMPTE) and the American Board of Physical Therapy Residency and Fellowship Education (ABPTRFE)***

**Mission of Fellowship Program:** The mission of University of Chicago Medicine Orthopaedic Manual Physical Therapy (OMPT) fellowship program is to provide a professional development opportunity to prepare physical therapists to become advanced practitioners in orthopaedic manual physical therapy through didactic education, participation in research, professionally mentored patient care experiences and independent patient care. The program emphasizes the development of advanced psychomotor skills, theoretical rationales, evidence based techniques, and complex clinical reasoning to enhance the fellow-in-training's ability to evaluate and treat orthopedic patient populations using OMPT principles. The program graduate will be an advanced OMPT clinician who will be an ongoing resource for the University of Chicago Medical Center and the physical therapy/medical community by promoting rehabilitation, health, and wellness for the persons they serve.

**The Goals of the OMPT Fellowship Program at UCM are:**

To provide a post professional educational experience to physical therapists who will be better able to:

1. Utilize current evidence- based Physical Therapy information to make accurate Physical Therapy diagnoses/ prognosis and determine the appropriate plan of Physical Therapy care using OMPT principles
2. Apply OMPT interventions for a physical therapy episode of care of patients with orthopedic conditions
3. Demonstrate the communication/collaboration skills with the members of the multidisciplinary team and the patient, needed to care for a person with disorders of body structure or function, activity limitations or participation restrictions
5. Participate in the development of new or innovative Physical Therapy techniques and the collection of evidence to support the effectiveness of those techniques to enhance the practice of Orthopedic Manual Physical Therapy
6. Contribute to the Physical Therapy profession through, teaching, research, publication and presentations

### **Curriculum:**

Schedule for education curriculum

- 12 months
- **Clinical Practice:** 1500 hours
- **Theoretical/Cognitive/Didactic:** 280 hours
- **Mentoring** = 150 hours minimum
- **Specialty Practice Observation** = 12 hours with pain psychologist/orthopedic surgeon/MSK Radiology
- **Pre-Clinical/ Practical Lab: 160 hours (100 hours Spine; 60 hours extremity)**

**Total Program Hours: 2,102 hours**

### **Outline of OMPT Fellowship Program educational courses:**

OMPT: Scientific Foundation-1 session

OMPT: Theory and Practice: 1 session

Research: 2 sessions  
Cervical Spine: 5 sessions  
Vestibular rehab: 1 session  
TMJ: 1 session  
Thoracic spine: 3 sessions  
Lumbar spine and SI joint: 6 sessions  
Rheumatology: 1 session  
Pharmacology: 1 session  
Shoulder: 3 session  
Elbow: 2 session  
Wrist and hand: 2 sessions  
UE technique lab review: 1 session  
Cardiopulmonary/Exercise physiology/Wellness: 1 session  
Hip: 3 sessions  
Knee: 3 sessions  
Foot and ankle: 3 sessions  
LE technique review: 1 session  
Nutrition: 1 session  
Psychology of Pain: 1 session  
Edema control in the orthopaedic patient: 1 session  
Lab technique review: 1 session  
Pain Science: 1 session  
MSK US: 1 session

**Hours:**

The majority of on site fellowship program activities occur Monday through Thursday between the hours of 7AM and 6:30 PM and Friday between 7 AM and 4:30 PM . Fellows-in-training are considered to be exempt employees who are salaried. Their work schedule will be flexible and allow for patient care, training, mentoring, and study time and preparation. Schedules are coordinated by the fellowship program director and shall not exceed expectation of more than 50 hours /week of direct program participation. There will be additional personal study time required.

**Weekend Coverage:** None

**Professional Liability Insurance:**

As an employee of the UCMC, a full time fellow-in-training is covered by the organization's professional liability policy. This coverage extends only to those activities that are required by their participation in the program. All fellows-in-

training are encouraged to carry their own personal professional liability coverage.

### **Salary**

As a fellow-in-training in the program, your salary for the year of the fellowship program is set according to the cost of maintaining the program.

### **Continuing Education Allocation:**

The University of Chicago Medicine offers each fellow \$4000 in tuition/continuing education assistance. Other than the \$4000 continuing education benefit from the institution (available after probation) there are no additional monies allocated for outside continuing education, tuition reimbursement, travel or parking fees to any observations/ outside facilities, living expenses, licensure fees, or professional dues

### **Paid Time Off ( PTO)Guidelines**

Full time OMPT fellows-in-training are employees of University of Chicago Medicine. They will be allowed to take 10 days of time off during the fellowship year, with the approval of the fellowship program director and the assistant director. This does not include the 7 organizational holidays; New Year's Day, Martin Luther King Day, Memorial Day, 4<sup>th</sup> of July, Labor Day, Thanksgiving Day, and Christmas Day. Because of the extensive education and curriculum pieces of the fellowship positions, it is very challenging to provide the fellows-in-training with extended time off throughout their program.

#### **Paid Time off:**

- Time off will be scheduled with the approval of the fellow-in-training's manager and the OMPT Fellowship Program Coordinator.
- Any time off (beyond the 10 days) will be granted only for an approved emergency leave, by the Therapy Services Director.
- All time off must be taken within the time frame of the fellowship program commitment.
- Time off from the fellowship program may be allowed if:
  - Staffing allows adequate patient care coverage
  - Time is requested a minimum of 4 weeks ahead of scheduled day off

- The fellows-in-training may need to work additional hours before and after a scheduled day off to assure that all educational and patient care obligations are achieved.

### **Sick Days:**

- All employees are asked to not put patients and co-workers at risk by attending work if they are ill.
- If a fellow-in-training is sick, they need to email [TherapyServices@uchospitals.edu](mailto:TherapyServices@uchospitals.edu) prior to 7AM of their scheduled day of work. If possible, therapists are also asked to provide information to assist in re-scheduling their patients.

### **How to Apply:**

**Eligibility:** Physical Therapists licensed or eligible for licensure, in the state of Illinois, are encouraged to apply. **Only physical therapists licensed in the state of Illinois will be hired.**

#### **All interested applicants must:**

- Possess at least one of the following qualifications: 1) **ABPTS specialist certification in Orthopedic or Sports Physical Therapy**, 2) **completion of an APTA accredited residency in orthopedic or sports physical therapy**
- Show documented experience in the application of OMPT techniques in previous employment
- Display professional behaviors and a strong interest in Orthopaedic Manual Physical Therapy

Note: Use of transfer credits from other academic programs or post-graduate training is not applicable.

**The application must include a letter of intent, curriculum vitae, 2 letters of recommendation, and an online UCMC application.**

- The letter of intent must include the following: 1) goals/objectives for the fellowship program, 2) a summary of prior clinical and educational experience including the use of OMPT techniques in the clinic and 3) short and long term goals for an orthopedic subspecialty.
- Please include a current curriculum vitae or resume.

- The 2 letters of recommendation **must include two of the following:**
  - 1) Current or former supervisor
  - 2) Instructor/faculty member from an accredited physical therapy program or residency program
  - 3) A physician with whom the physical therapist has worked in the past year (not required, an option).

### **How to Apply:**

**We are a part of the centralized application process with the APTA. Please complete the application on the following website:**

<https://rfptcas.liaisoncas.com/applicant-ux/#/login>

### **Interviews:**

Top candidates will be interviewed initially via phone, second interviews will be completed either virtually or in-person in the University of Chicago Medical Campus by May of the application year. All interviews will include behavioral and clinical questions. Please be prepared to discuss research ideas and to demonstrate patient interactions and treatment plans.

The completed application should be forwarded no later than **March 31<sup>st</sup> of the corresponding year:**

(Please contact the program director for any other questions/concerns)

### **Michael Maninang, PT, DScPT, DPT, MBA, MHS, MOMT**

Board Certified Specialist in Orthopedic Physical Therapy

Fellow, American Academy of Orthopaedic Manual Physical Therapists

**Program Director**

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### **Frequently Asked Questions:**

1. As a full time employee at the hospital, how is the fellow-in-training (fit) compensated? Is there a separate fellow-in-training rate during program hours? Or is the fellow-in-training on a "normal" salary with additional years of commitment after the fellowship ends? Is there tuition involved or is it

waived by being a full time employee? The fellow-in-training position is a full time salaried position. The level of compensation is less than a full time treating therapist and the difference in pay is what it costs UCM to educate the fellow-in-training. There are no additional years of commitment from the fellow-in-training or the organization upon completion of the program.

2. Are the didactic coursework each week in a classroom format? If so, is that during the working week or on the weekend? Yes. This is generally presented during the work week.

3. Who are the faculty of this program and who are the mentors? Faculty and mentors are the same – all are employees of UCM.

4. As far as the letters of recommendation, are they to be sent to you directly by the writers or should it come with the rest of my application in the same packet? Either way is acceptable as long as they are sealed and signed on the back by the writer.

5. Do fellows-in-training work weekends? No.

6. Does the University of Chicago affiliate with a Physical Therapy School and require teaching in the University setting? The University of Chicago does not have a PT program which it is affiliated with for teaching. We do have a medical school at the University of Chicago but no teaching is required.

### Program Outcomes

- 10 out of 10 fellows-in-training graduated since the program started in 2017
- 10 out of the 10 fellows-in-training who started the program graduated from the program (100% graduation/completion rate)
- 10 out of the 10 graduates have been recognized as **Fellows of the American Academy of Orthopaedic Manual Physical Therapists**
- 6 out of the 10 graduates are currently working as level 3 staff physical therapists in the UCM Outpatient Therapy Services Department. All 6 are also faculty members of the Orthopedic PT Residency and OMPT Fellowship Programs

- Initial accreditation received from the American Board of Physical Therapy Residency and Fellowship Education in April of 2018 and re-accredited for a period of 10 years in 2023
- Received initial accreditation from the Accreditation Council for Orthopaedic Manual Physical Therapy Education in 2020 with the re-accreditation process completed in 2023
- **Program is dually accredited by ACOMPTE and ABPTRFE**